



# Mad City Aqua Stars

## Synchronized Swimming!

Synchronized swimming is an amazing sport, combining the best of swimming, dance and gymnastics.

Our trial period for new student swimmers begins on Sunday, September 5. New athletes will practice at the Middleton Cross Plains Indoor Pool from 7-8:30 p.m. on Tuesdays and 3-4:30 p.m. on Sundays through September 26.

The Aqua Stars welcome girls and boys age 7 and up who have completed Level 3 of Red Cross Swimming and are comfortable in deep water.

The cost for the trial period is \$50.00, which includes all coaching and pool time, a swim cap and noseclip, and trial membership in USA Synchro. After the trial period, athletes can decide whether to join the team for the year.



We are a no-cut team, and offer both competitive and recreational teams for student athletes. Teams compete on the local and regional level from November through May. We also present a showcase of our competitive and recreational teams in May.

Email Coach Jennylynde Packham at [info@madcityaquastars.com](mailto:info@madcityaquastars.com), or visit our website at [www.madcityaquastars.com](http://www.madcityaquastars.com)!

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