

MENTAL HEALTH RESOURCES

Mental Health Supports are listed in this link which is found on our Middleton High School Mental Health Resources page.

Briarpatch Youth Services

Protocols in this link are effective immediately and will be in place until at least April 3rd if not longer depending on how things develop.

Crisis Resources

Crisis Text Line: Text HELLO to 741741 (Free, 24/7 Confidential)

Dane County Human Services

National Childhood Traumatic Stress Network

National Suicide Prevention Life-line: 1-800-273-TALK (1-800-273-8255)

Parent Resource: Talking to Children about Covid-19 (Coronavirus) provides guidance to parents on how to provide accurate prevention information and facts to students without causing undue alarm.

LA County Public Health **Info Sheet** - Coping With Stress During Infectious Disease Outbreaks

United Way 2-1-1

CRISIS TEXT LINE |

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