

## MIDDLETON-CROSS PLAINS AREA SCHOOLS



# WHEN SHOULD MY CHILD STAY HOME FROM SCHOOL?

Your child should stay home if they:

- have tested **positive** for COVID-19
- show **symptoms** of COVID-19
- have been identified as a **close contact** to someone who tested positive for COVID-19
- may have been **exposed** to COVID-19
- are waiting to get tested, or waiting for COVID-19 test results

Your child should stay home if they are ill and have symptoms above their normal baseline:



- **Cough**
- **Shortness of breath or difficulty breathing**
- **New loss of taste or smell**
- **Congestion or runny nose**
- **Fever 100.0F or above/chills**
- **Nausea or vomiting**
- **Diarrhea**
- **Headache**
- **Fatigue**
- **Muscle or body aches**
- **Sore throat**

Any ONE BLUE symptom or TWO RED symptoms is considered “Covid Suspect” and students will need to follow normal MCPASD Illness Guidelines for return to school.

Any ONE RED symptom would follow MCPASD Illness Guidelines and may return to school when symptom resolved and they have been fever-free without fever-reduction medication, vomiting or diarrhea for at least 24 hours.

## PLEASE STAY HOME

- Contact your physician for next steps and see page 2 for further instructions.
- Call the District COVID Hotline **608-829-9018** or email **covid19@mcpasd.k12.wi.us** if your child's absence is related to a positive COVID test or exposure to someone who has tested positive for COVID.
  - Report ALL symptoms they are having.
  - Report if your child is too ill to attend virtual instruction.



All notes from medical providers OR proof of Negative COVID tests must be forwarded to your child's Health Room before your child's re-entry into the building.

MCPASD works with Public Health Madison Dane County and follows their guidelines.  
PHMDC contact information: [publichealthmdc.com/608-266-4821](https://publichealthmdc.com/608-266-4821)

Please see MCPASD Health Services webpage for additional information regarding normal Illness guidelines:  
<https://mcpasd.k12.wi.us/health-services-resources>

# MIDDLETON-CROSS PLAINS AREA SCHOOLS



# WHEN CAN MY STUDENT RETURN TO FACE-TO-FACE INSTRUCTION?

IF YOUR CHILD:	YOUR CHILD MAY RETURN TO FACE-TO-FACE INSTRUCTION:
<p><b>Diagnosed with COVID-19 and showing symptoms</b></p>	<ul style="list-style-type: none"> <li>• At least 10 days have passed since symptoms started AND</li> <li>• No fever (100.0 F or greater) in at least 24 hours without using any medication to lower fever</li> <li>• AND there are improvement in symptoms</li> <li>• Follow any other guidelines given to you from the Health Department</li> <li>• ***Household siblings stay home to quarantine</li> </ul>
<p>Tested positive for COVID-19 and not showing symptoms</p>	<ul style="list-style-type: none"> <li>• 10 days after the positive COVID-19 test.</li> <li>• Follow any other guidelines given to you from the Health Department</li> <li>• ***Household siblings stay home to quarantine</li> </ul>
<p>Meets symptom criteria for COVID suspect but did not get tested</p>	<ul style="list-style-type: none"> <li>• At least 10 days have passed since symptoms started AND No fever (100.4F or greater) in at least 24 hours without using any medication to lower fever AND improvement in symptoms OR Healthcare provider note indicating child was assessed and COVID-19 has been ruled out or alternative diagnosis is provided (only applicable if not identified as a close contact)</li> <li>• Medical Provider note must be given to Health Room prior to re-entry to class</li> <li>• ***Household siblings stay home if ill student has known exposure to COVID</li> <li>• ***Household siblings come to school if ill student has no known exposure to COVID</li> </ul>
<p>Meets symptom criteria for COVID suspect but tested negative for COVID-19</p>	<ul style="list-style-type: none"> <li>• Stay home until feeling better and have not had a fever for 24 hours without using any medication to reduce fever.</li> <li>• Proof of the negative test must be given to the Health Room before re-entry to school only applicable if not identified as a close contact</li> <li>• ***Household siblings stay home if ill student has known exposure to COVID</li> <li>• ***Household siblings come to school if ill student has no known exposure to COVID</li> </ul>
<p>Was exposed to someone with COVID-19</p>	<ul style="list-style-type: none"> <li>• After 10 days from the last possible exposure (After 10 days from the last possible exposure, but continue to monitor for symptoms for 14 days).</li> <li>• ***Household siblings stay home if exposed student has symptoms</li> <li>• ***Household siblings come to school if exposed student is without symptom</li> </ul>

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**If your child tests positive for COVID-19 and has attended face-to-face instruction or been on a District campus within two days of when symptoms first started, please contact the District COVID Hotline (608-829-9018) or email us at covid19@mcpsd.k12.wi.us.**  
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All notes from medical providers OR proof of Negative COVID tests must be forwarded to your child's Health Room before your child's re-entry into the building.