



Lil' Cards

The Lil' Cards program is open to boys and girls in grades K-4. Participants are taught the basics of wrestling through games, demonstrations, drills, live matches, and other fun and engaging activities. Instruction is provided by trained coaches assisted by volunteer parents and high school wrestlers. The program places more emphasis on having fun rather than competition.

\$40 Lil Card Fee Includes:

- Approximately 6 instructional sessions of wrestling
 - Tuesdays 5:30-6:30
 - April 2th - May 7th, @ MHS Wrestling Room

Please detach and return the bottom portion w/ fee to the address below or bring with you on Oct 1st.

Child's Name: _____ **Grade:** ____ **Date of Birth** _____

Parent's Name: _____ **E-mail:** _____

Phone: _____ **Can this phone receive texts?** Yes / No

Address: _____

In consideration of my child's acceptance in MAWC, I my heirs, executors, and administrators waive and release parents, coaches, sponsors, their agents, representatives, committees, and members from any and all claims, rights and damages for injuries while participating in this program. I also give my authorization for emergency treatment. In consideration of participation in the Middleton Area Wrestling Club, the undersigned agrees that the likeness of their child may be photographed and that such an image may be published to promote the MAWC.

_____ has my permission to participate in the MAWC Program.

Parent/Guardian signature: _____ **Date:** _____

How did you hear about us? _____ **T-Shirt Size** YS YM YL YXL AS

Are you willing to: (circle one) Assist Coach / Volunteer

Checks payable to: MAWC, 4860 Highwood Circle, Middleton, WI 53562

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