



Lil' Cards

The Lil' Cards program is open to boys and girls in grades K-4. Participants are taught the basics of wrestling through games, demonstrations, drills, live matches, and other fun and engaging activities. Instruction is provided by trained coaches assisted by volunteer parents and high school wrestlers. The program places more emphasis on having fun rather than competition.

\$40 Lil Card Fee Includes:

- Approximately 6 instructional sessions of wrestling
 - Mondays 5:30-6:30
 - Oct 1st to Nov 5th, @ MHS Wrestling Room

Please detach and return the bottom portion w/ fee to the address below or bring with you on Oct 1st.

Child's Name: _____ Grade: ____ Date of Birth _____

Parent's Name: _____ E-mail: _____

Phone: _____ Can this phone receive texts? Yes / No

Address: _____

In consideration of my child's acceptance in MAWC, I my heirs, executors, and administrators waive and release parents, coaches, sponsors, their agents, representatives, committees, and members from any and all claims, rights and damages for injuries while participating in this program. I also give my authorization for emergency treatment. In consideration of participation in the Middleton Area Wrestling Club, the undersigned agrees that the likeness of their child may be photographed and that such an image may be published to promote the MAWC.

_____ has my permission to participate in the MAWC Program.

Parent/Guardian signature: _____ Date: _____

How did you hear about us? _____ T-Shirt Size YS YM YL YXL AS

Are you willing to: (circle one) Assist Coach / Volunteer

Checks payable to: MAWC c/o Dan Keppy, 5565 County P Rd. Cross Plains, WI 53528

Disclaimer: This is not a school-sponsored activity and the Middleton-Cross Plains Area School District does not provide support or endorsement of this program/activity. It has neither reviewed nor approved the program, personnel, or activities announced in this brochure/flier. Permission to distribute this material must not be considered a recommendation or endorsement by the school district.

This activity is organized and solely sponsored by a recognized parent or community organization in support of the Middleton Cross-Plains Area School District and not by the school district itself. It is recognized that the intent of the activity is to ultimately support students and families served by the Middleton-Cross Plains Area School District. Permission to distribute this material has been given by the district.