



**How to Find Peace in Times of Uncertainty with Mike Veny (*Monday, August 24, Noon-1 pm*)**

Now more than ever, it is crucial to focus on your mental health and wellness – finding inner peace is a key to your well-being. Join Mike Veny, a leading mental health speaker and teamwork facilitator, for a presentation designed to revitalize you. You'll walk away learning how to reduce stress, put your mind at ease and find healthy ways to cope during these challenging times. Take advantage of this special opportunity to invest in yourself and your family. [Sign up to join us!](#)

**Choose Your Mindset, Change the World with Ryan Harris (*Tuesday, September 1, 6-7 pm*)**

Changes can feel overwhelming sometimes. Parenting, schooling and socializing all mean something different now than it did last year. Yet, despite the obstacles these changes create, you've adapted to succeed in your past, and you can do it again by choosing your mindset! Join former NFL football player, Ryan Harris, and learn how to change your mindset through three simple steps. During this incredible presentation, you'll receive the tools you need and have some fun along the way. [Sign up to join us!](#)

**Bringing Learning to Life at Home with Busola Stackhouse (*Thursday, September 3, 6-7 pm*)**

Keeping kids in a learning mindset can be challenging when they are staying at home. To help you navigate this process, education expert, Busola Stackhouse will share tips and best practices from her 15+ years of experience in the classroom and as an instructional coach. In this empowering virtual workshop, you'll learn how to rethink learning spaces and create a suitable environment, stay organized with a schedule and make school lessons fun and connected to the real world. Discover how to be present and balance your own life as you explore bringing learning to life in your home. [Sign up to join us!](#)

**Parenting for Development in a Pandemic with Yorel Lashley (*Tuesday, September 15, 6-7 pm*)**

Join Yorel Lashley, educational psychologist, founder of Drum Power and director of arts in the UW-Madison Office of Professional Learning and Community Education in this session to support social and emotional growth and health in the young people in your life. This talk will help you start conversations with your children that facilitate paths to leadership and healthy communication that builds foundations for stronger relationships. You'll walk away with the ability to facilitate clearer communication, share goal setting techniques and create routines that allow development but also nurture children — especially now that we are all at home. [Sign up to join us!](#)

**Innovation, Creativity and Opportunity Solving at Home with ROCKiT MMSD (*Wednesday, September 16, 9-10 am*)**

Are you looking for creative ways to inspire your kiddos to become critical thinkers and cut down on their screen time? Join innovation strategists from ROCKiT MMSD, Leigh Vierstra and Lauren Morris, as they share quick, easy and screen-free ways to inspire innovation, creativity and opportunity solving while learning from home. In this session, you'll learn how to quickly create at-home work spaces and plan out easy, screen-free "lessons" to inspire your kid to solve! [Sign up to join us!](#)

**Apoyando el Aprendizaje a Distancia de Nuestros Niños (*Thursday, September 17, 6-7 pm*)**

Únase a nosotros para una presentación que puede fortalecer la comunicación de su familia con los educadores e identificar recursos y formas de apoyar el aprendizaje a distancia de los niños. Escucharán a Lorena Mancilla, Directora de WIDA Early Years, y a Samuel Aguirre, Director de WIDA Español, de la Universidad de Wisconsin-Madison, quienes trabajan en el campo de la educación bilingüe y desarrollan recursos para educadores, familias y estudiantes multilingües. [¡Regístrate para unirte a nosotros!](#)

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