



Family Outreach-November 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Name 3 friends from school. Tell what you like to do with your friends.	2 Take turns picking numbers from 1-20. Count forward and backward.	3 Choose a favorite bedtime story to read together.	4 Show & Tell Bring a ball.	5 Visit the library. Look for books about Fall.
6 Do a taste test with 3 or 4 fresh vegetables.	7 Read a book together using the pictures to tell the story.	8 Find things around your house that are circle shaped.	9 Do a letter hunt on a box of cereal. Find letter B, H and M.	10 Show your family how to do the "superman" and "cobra" exercises.	11 Show & Tell Bring something that begins with B, H, or M.	12 Help someone rake leaves into a big pile.
13 Take giant steps across your living room or yard. How many steps?	14 Practice telling a story about something you did over the weekend.	15 Show someone how to write your name the "4K way".	16 Draw a picture of a person. Think about "Mat Man" when you are drawing the person.	17 Show someone "step-ups". Remember to keep your hands on your hips.	18 Show & Tell Bring a picture of your family to share. (a photo or a drawing)	19 Pack a lunch together and choose a place inside or outside to have a picnic.
20 Practice the nursery rhyme: <i>*Itsy Bitsy Spider</i>	21 Play a game using cards or dice.	22 Look through some family pictures. Talk about who the people are.	23 Help your family clean the house. NO SCHOOL	24 HAPPY THANKSGIVING! NO SCHOOL	25 Make a list of things you ate yesterday. NO SCHOOL	26 Take an evening walk around your neighborhood. Use a flashlight.
27 Plan a dinner menu. Cook the meal together.	28 Play a board game together.	29 Talk about what you like best about school.	30 Find things around your house that are rectangle shaped.	* Nursery Rhyme Practice: "Itsy Bitsy Spider" The Itsy Bitsy Spider went up the water spout. Down came the rain and washed the spider out. Out came the sun and dried up all the rain. And the Itsy Bitsy Spider went up the spout again.		

4K Family Outreach-Elm Lawn