



# 4K Family Outreach - December 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				Use spoons and forks to make an AB pattern. Can you do others? ABB, AAB, AABB	<b>SHOW &amp; TELL:</b> Bring something that makes a sound.	Visit the library. Look for books about 5 Senses.
4	5	6	7	8	9	10
Go on a "listening walk" in your neighborhood. Listen to sounds all around.	Find things in your bedroom that feel bumpy, soft, prickly, smooth, fuzzy, etc...	Look for the letters C, N, and R in your favorite story books.	Help cook dinner. Talk about how the food smells while it is cooking.	Tell someone what you did in your Math and Writing centers at school today.	<b>SHOW &amp; TELL:</b> Bring something that begins with letter C, N or R.	Tell someone about the weather. Use 3 or more details to describe the weather today.
11	12	13	14	15	16	17
Turn on some music and dance together. Take turns showing your dance moves.	Build a fort using chairs and blankets. Read books using a flashlight in the fort.	Use a deck of cards. Sort the cards by color. Can you sort them another way?	Do a tasting test. Taste 2 or 3 different fruits. Which is your favorite?	Practice washing your hands. Tell what you do 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3 <sup>rd</sup> .	<b>SHOW &amp; TELL:</b> Wear your favorite PJs to school. Tell 3 details about why you like them.	Donate some food or some of your gently used clothing or toys.
18	19	20	21	22	23	24
Count for someone. Start at 5 and count to 23. Count from 12 to 31. Try counting backward.	<b>NO SCHOOL</b> Play a board game together.	<b>NO SCHOOL</b> Happy Winter! Make a list of things you do in the winter.	<b>NO SCHOOL</b> Get yourself dressed in your winter clothes to play outside.	<b>NO SCHOOL</b> Look through some of your old photos. Talk about what you were doing in them.	<b>NO SCHOOL</b> Review nursery rhymes you know: <i>Jack be Nimble, Jack and Jill, Little Miss Muffet, Twinkle Twinkle Little Star, London Bridge</i>	Help clean the house.
25	26	27	28	29	30	31
Spend time with your family. Be safe if you are traveling this week.	<b>NO SCHOOL</b> Practice writing your name the "4K Way". Can you write the names of people in your family?	<b>NO SCHOOL</b> Build a bridge with your body. Make a draw bridge. Sing "London Bridge".	<b>NO SCHOOL</b> Draw a picture of yourself doing something fun.	***Nursery Rhyme Practice:  <b>Three Little Kittens</b> (See the words below)	Build something in the snow together. (If there is any...)  	<b>NO SCHOOL</b> Talk about things you want to learn about during 2016.

**Nursery Rhyme Practice: Three Little Kittens:**

Three little kittens they lost their mittens, and they began to cry,  
Oh, mother dear, we sadly fear, our mittens we have lost.  
What! Lost your mittens, you naughty kittens! Then you shall have no pie.  
Meow, meow, meow, no, you shall have no pie.