



Kromrey Middle School  
7009 Donna Drive  
Middleton, WI 53562  
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July, 2019

Dear Parent or Legal Guardian,

We are committed to helping your son or daughter be a strong learner. Sometimes social or emotional stresses interfere with learning. Because of this, the Kromrey Student Services team provides a number of support services to students, including counseling groups and social-emotional skill building programs. Each fall, a general screening questionnaire is given to all 6<sup>th</sup> graders. The questionnaire is filled out by students in class and takes about 20 minutes. The questionnaire asks students about their thoughts, feelings, and experiences. This tool is used to identify students who might benefit from additional support services.

Several items on the questionnaire are used to screen students for the CBITS (Cognitive Behavioral Intervention for Trauma in Schools) program, which is offered to Kromrey 6<sup>th</sup> graders each year. This program is jointly offered by the Middleton-Cross Plains Area School District and the Mental Health Center of Dane County. CBITS is designed to help middle schoolers deal with stress and upsetting events they may have experienced. The CBITS items on the questionnaire ask your child about seeing or experiencing upsetting events at school, in your neighborhood, or other places. The staff at Kromrey Middle School will be screening all 6<sup>th</sup> graders the week of October 1, 2018. In the event that your child scores high on certain items on the questionnaire, school staff will conduct a face-to-face interview to determine if the CBITS group could be helpful. If your child's responses to the face-to-face interview indicate that he or she is eligible for the second part of the program (an educational group), we will contact you and describe that part of the program to you to see if you and your child are interested. Your child is under no obligation to participate in the educational group by participating in the general screening.

The results of your child's screening are strictly confidential and will only be shared with you, your child, and the Student Services staff. Non-identifiable, summary data of a grade, school or district may be shared with others for the purpose of quality improvement, or shared in professional meetings or journals without any link to an individual's identity.

Participation in the screening is strictly voluntary. **If you do NOT want your child to participate in the general screening**, please complete the form below and return to Student Services at Kromrey Middle School by **September 13, 2019**. If you have questions or would like more information about the screening tool, please call Abbie Hannam at 829-9539.

Thank you,

Kerry Burke, Abbie Hannam, and Brandy Kopa  
Kromrey School Counselors

**\*\*\*ONLY RETURN to Student Services by September 13, 2019 if you do NOT want your child to participate.\*\*\***

\_\_\_\_\_ I DO NOT want my child to participate in the 6<sup>th</sup> grade screening for support services.

Student's name (print) \_\_\_\_\_

Parent/Guardian's name (print) \_\_\_\_\_

Parent/Guardian's signature \_\_\_\_\_